

## BONUS: Elastic Interchangeable Headband



### MATERIALS:

Elastic lace (The size of this will be determined by the circumference of your baby's head.)

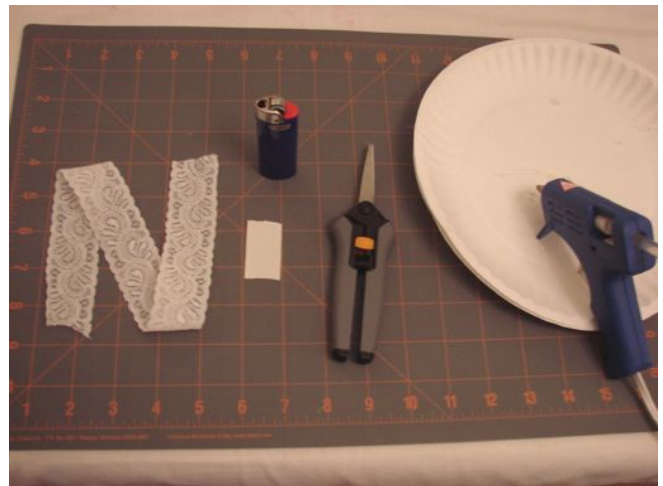
2 inch piece of ribbon (7/8 to 1 inch thickness)

Scissors

Lighter

High Temp/High Heat glue gun

High Temp/High Heat glue sticks



Hair bows are great for infants but since barrettes are too large for a small baby, this elastic headband is the perfect way to allow your little girl to be able to wear hair bows. Even toddlers with fine hair can wear this with ease! Simply measure the circumference of your child's head loosely, where the headband will wrap around and that is the length of the elastic lace you will need for this.



To begin, place a dab of hot glue across the edge of your elastic laced ribbon.



Then attach the other end of the ribbon to form a loop.



Be sure the ends of your small piece of ribbon are heat sealed. You only need a piece of ribbon about 2 inches long.

TIP: Use a piece of scrap ribbon that you have leftover from another project for this piece.

Then place a dab of glue along the edge of one end of this ribbon.



Glue the small piece of ribbon onto the elastic lace ribbon, as shown in the photo. Be sure to glue right over where the seam is on the lace ribbon so you can hide it!



Wrap the small piece of ribbon around the lace ribbon. You want it to loop tightly. Cut off any excess ribbon if necessary and again heat seal that edge, if you have made a cut.



Place a small strip of hot glue across the small ribbon so you can bond it together in a circle.



Your headband will now look like this! The small ribbon around the lace headband has created a slot where you can slide in the alligator clip from any hair bow you have created.



Slide a hair bow (made on an alligator clip) through the small loop created by the ribbon and place the elastic headband around your baby's head.

## BONUS: Braided Headband



### MATERIALS:

4 pieces of grosgrain (3/8 inch ribbon) 35-40 inches long

Plastic headband (1 inch is suggested)

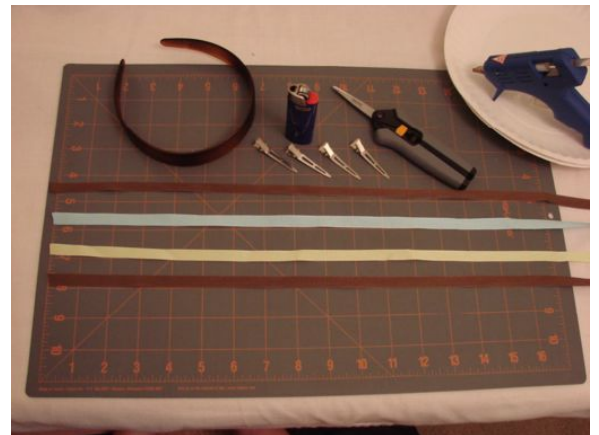
Lighter

4-8 alligator clips

High temp/High heat glue gun

High temp/High heat glue sticks

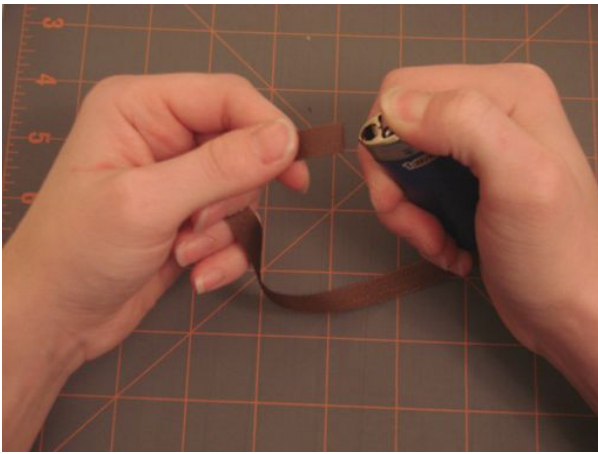
Measuring mat or ruler



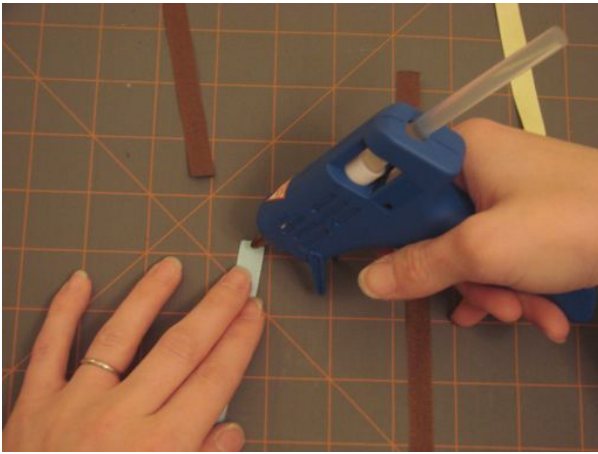
You can follow these instructions on a 3/4 inch or 1/2 headband as well, but it is best to start with a larger headband to practice the weave technique. (Note: You will not need as much ribbon for the smaller width headbands.)

For the following instructions we are doing a SINGLE STRIPED headband with 3 colors. There are many different headbands you can make with the same braiding pattern shown here, just experiment with different colors of ribbon in different positions! (See notes at end of these instructions for some more ideas on patterns you can use with this same braiding technique.)

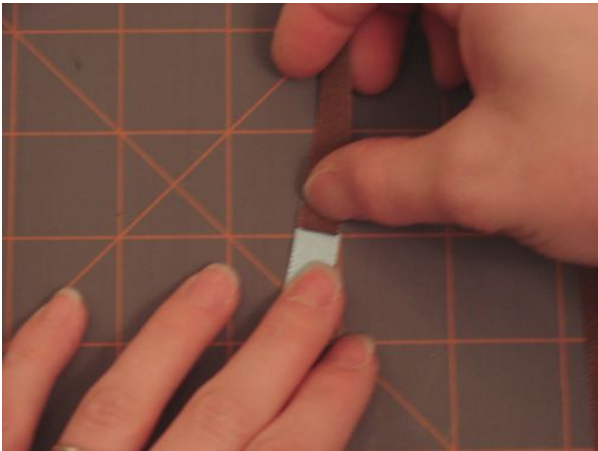
NOTE: "Back" and "front" refer to the position of the ribbon whether it is behind the headband (back) or in front of the headband (front). "Top" and "bottom" refer to the position of the ribbon in the photo.



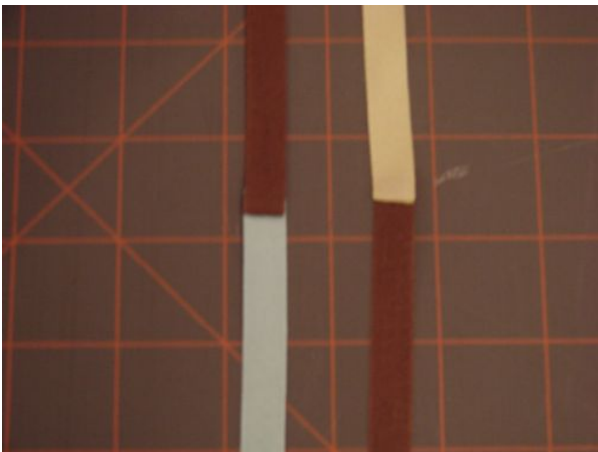
Begin by heat sealing all the ends of your ribbon to prevent fraying. Simply brush the flame of a lighter across the end of the ribbon.



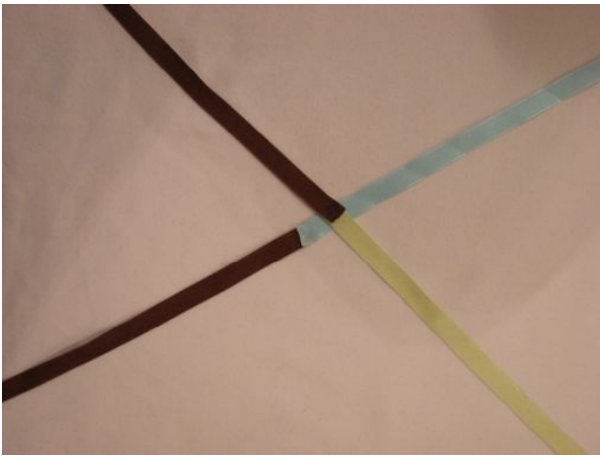
Place a dab of hot glue on the end of one piece of ribbon.



Overlap the ends of the ribbon slightly and secure them together.

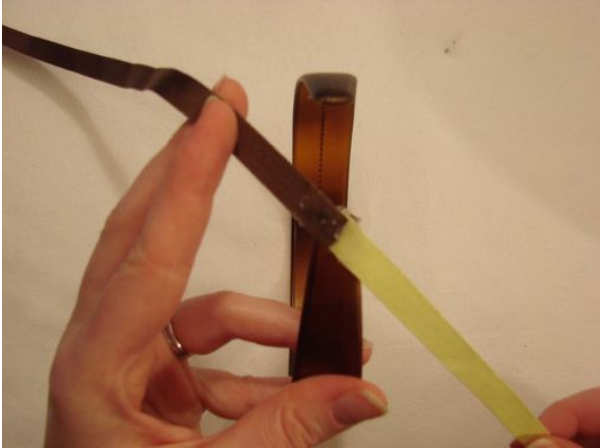


Attach the third ribbon to the fourth ribbon in the same way. You should now have 2 lengths of ribbon that look just like this.



Our next step is to understand the importance of positioning. Place your 2 pieces of ribbon in an "X" as shown in the photo.

Depending on which colors you use and where you start them off, you will have different results from the same weave pattern we are now going to do!



You are going to work with the headband upside down so you can easily work on the outside of the headband as we make our weave.

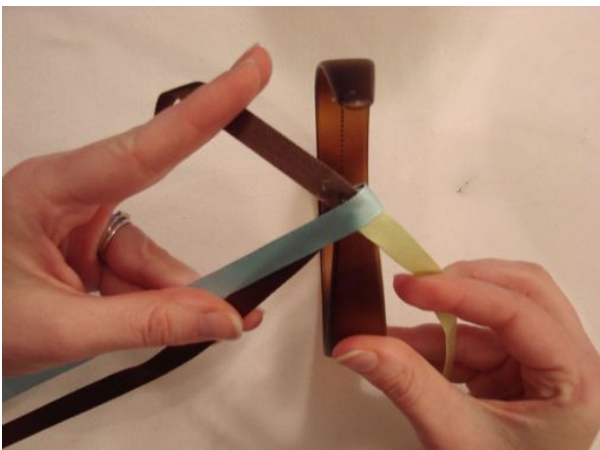
Now hot glue one piece of your ribbon at an angle on the end of the headband, as shown in the photo. Be sure to get the fabric all the way to the edge so that your headband is covered.



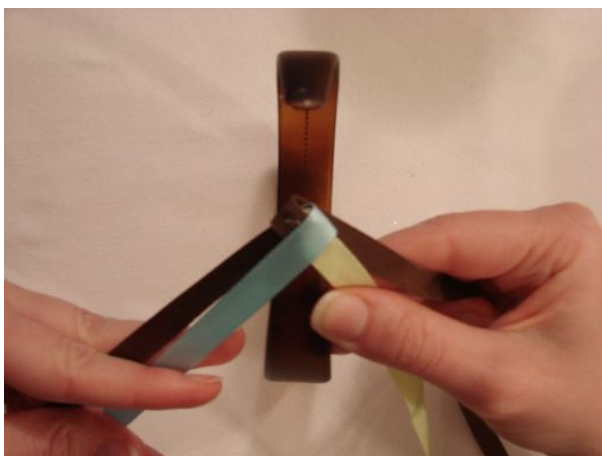
Now hot glue the second ribbon at an angle on the inside of the headband, as shown in the photo.

You will now have an "X" formed with the ribbon.

(The brown and green ribbon is on the front side, with the brown ribbon facing north. Then we are placed the blue and brown ribbon on the inside, with the brown ribbon facing south.)

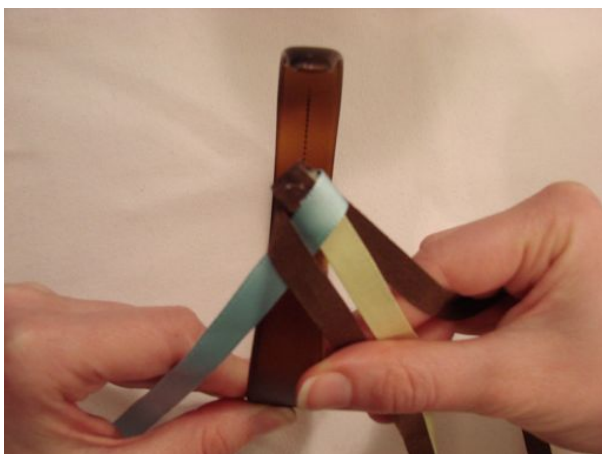


Fold down the upper right back ribbon over the seam on the outside of the headband by crossing it over to the left side. (Our blue ribbon in the photo) This is to simply cover up the brown/green ribbon seam.

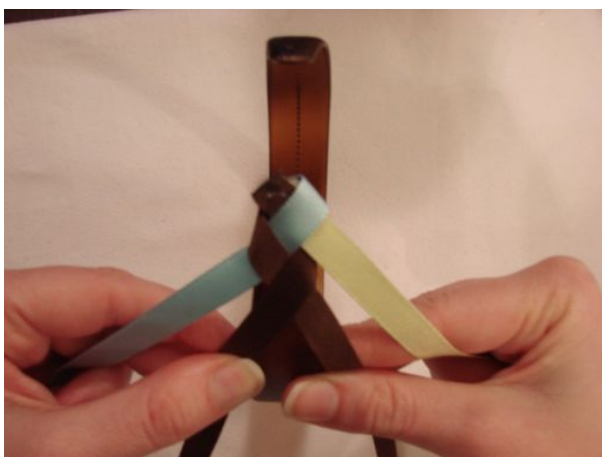


Fold your top left front ribbon over the seam on the inside of the headband by crossing it over to the right side. (Our brown ribbon on right in photo.) This is to simply cover up the blue/brown ribbon seam.

You now have 2 ribbons in the back (both brown, one on the right and one on the left) and 2 ribbons in the front (green and blue, one on the right and one on the left).

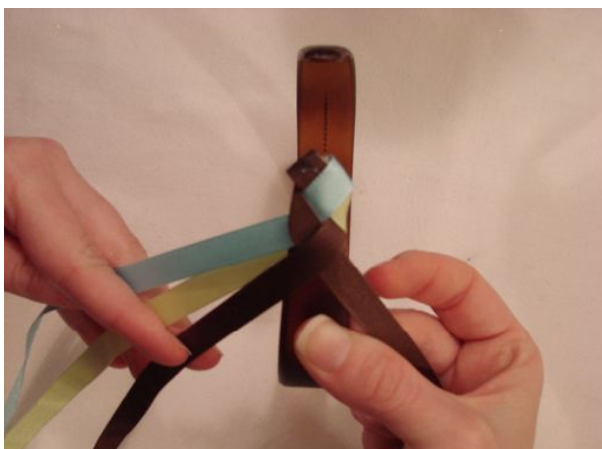


Take your back left ribbon and bring across the front (Our brown ribbon on the left in photo).



Take your back right ribbon and bring it across the front. (Our brown on the left in the photo.) It will need to go under your top right front ribbon (green) and over the bottom right front ribbon (brown).

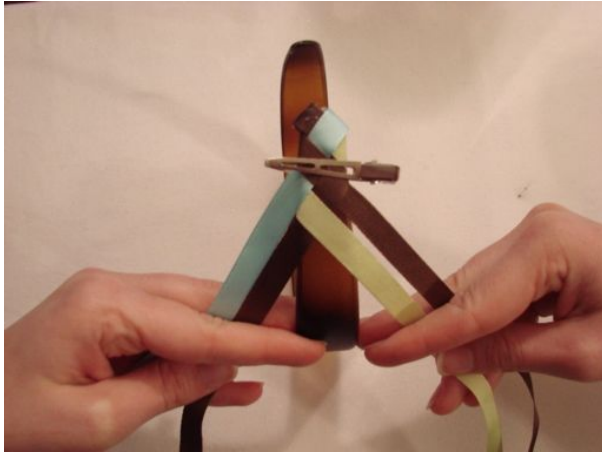
**THIS IS YOUR STARTING POSITION.** The next four steps show the basic weave that keeps being repeated.



#### STEP 1 of WEAVE PATTERN

Next, the right top ribbon (green) is going to go across the back of the headband and come up through the left top ribbon (blue) and the left bottom ribbon (brown).

This ribbon has a 2nd step before you start another ribbon. See next step...



#### STEP 2 of WEAVE PATTERN

Now bring that ribbon across the front of the headband. (Our green ribbon in photo.)

Once that is complete, you will have your ribbons positioned like this; two on the right, two on the left.

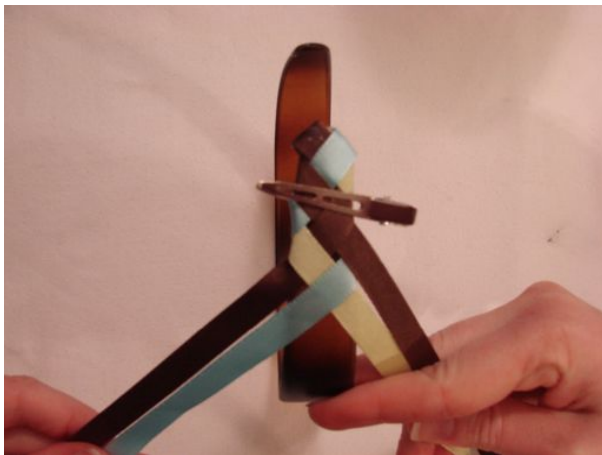
TIP: Add an alligator clip to help hold your braid in place while you work.



#### STEP 3 of WEAVE PATTERN

The next step is to bring your left top ribbon (blue) across the back of the headband and come up through the right top ribbon (brown) and right bottom ribbon (green).

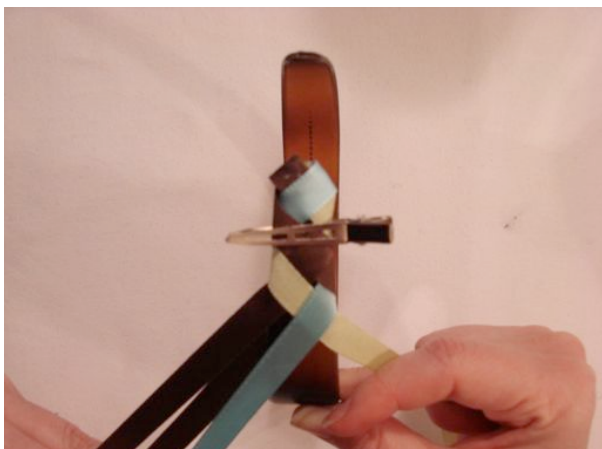
This ribbon has a 2nd step before you start another ribbon. See next step...



#### STEP 4 of WEAVE PATTERN

Now bring that ribbon across the front of the headband. (Our blue ribbon in photo.)

Once that is complete, you will have your ribbons positioned like this; two on the right, two on the left. (You are now back at the starting position.)

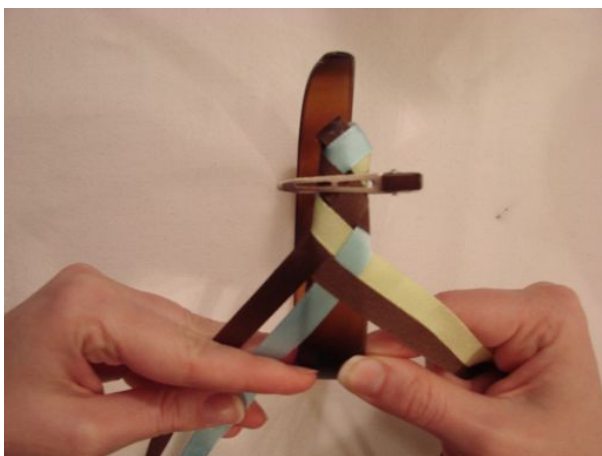


Next bring the right top ribbon (brown) across the back of the headband and come up through the left top ribbon (brown) and the left bottom ribbon (blue).

This ribbon has a 2nd step before you start another ribbon. See next step...

(In this step we are repeating STEP 1 of WEAVE PATTERN.)

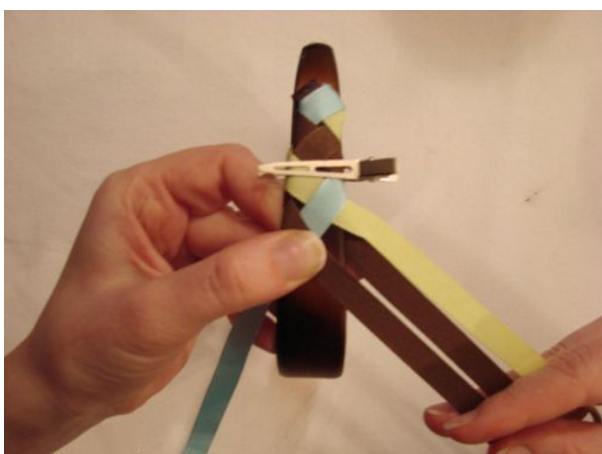




Now bring that ribbon across the front of the headband. (Our brown right ribbon in photo.)

Once that is complete, you will have your ribbons positioned like this; two on the right, two on the left.

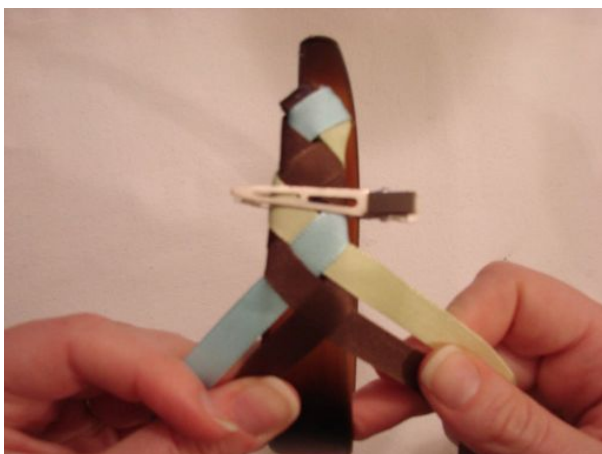
(In this step we are repeating STEP 2 of WEAVE PATTERN.)



Next bring the top left ribbon (brown) across the back of the headband and come up through the top right ribbon (green) and the bottom right ribbon (brown).

This ribbon has a 2nd step before you start another ribbon. See next step...

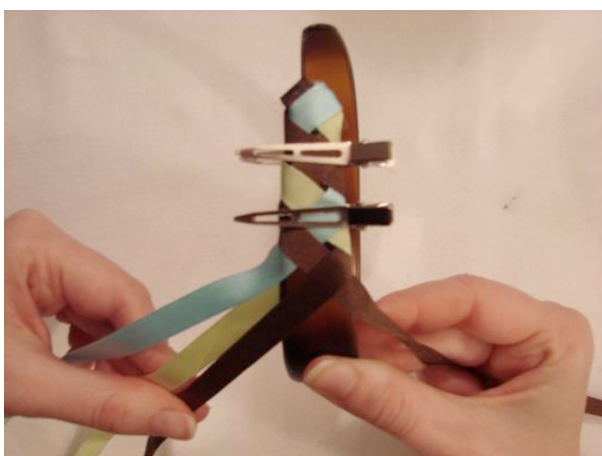
(In this step we are repeating STEP 3 of WEAVE PATTERN.)



Now bring that ribbon across the front of the headband. (Our brown left ribbon in photo.)

Once that is complete, you will have your ribbons positioned like this; two on the right, two on the left.

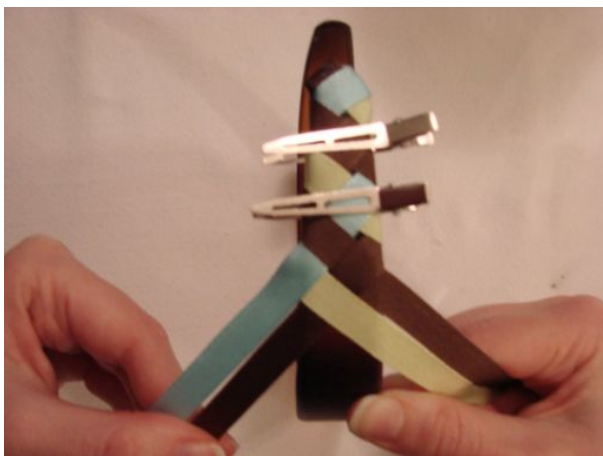
(In this step we are repeating STEP 4 of WEAVE PATTERN.)



Next bring the top right ribbon (green) across the back of the headband and come up through the top left ribbon (blue) and the bottom left ribbon (brown).

This ribbon has a 2nd step before you start another ribbon. See next step...

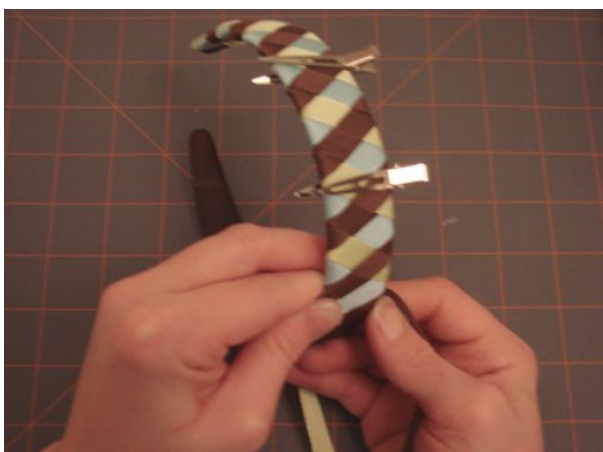
(In this step we are repeating STEP 1 of WEAVE PATTERN.)



Now bring that ribbon across the front of the headband. (Our green ribbon in photo.)

Once that is complete, you will have your ribbons positioned like this; two on the right, two on the left.

(In this step we are repeating STEP 2 of WEAVE PATTERN.)



Continue to do the 4 step weave process and use alligator clips to hold the ribbon in place as you work.



Once you get to the end, you'll want to weave until you are just about 1/4 inch past the end of the headband. (This will give us some room to work as we finish off the edge.) One at a time, pull each ribbon back carefully and hot glue all of them down to the end of the headband.



Cut off the excess ribbon at the same angle as your headband edge. Leave just a bit of ribbon to hang past the end of the headband (about 1/8 inch is good) so the plastic band underneath does not show through



Now heat seal the edges of your ribbon down around the end of the headband so you have a finished edge.



This is what your finished headband will look like.

You can make many different patterns with this same braid technique, simply adjust the placement\* and colors of ribbon you use! For example:

SINGLE STRIPED headband – this uses 3 different colors – the same color on both the top left and bottom left, a second color on the top right, a third color on the bottom right

DOUBLE STRIPED headband – this uses 2 different colors - the same color on both the top left and bottom left, a second color on both the top right and bottom right

ZIG ZAG headband – this uses 3 different colors – the same color on both the top left and top right, a second color on the bottom right, a third color on the bottom left

PRINTED ribbon – use 1 printed ribbon and 3 solid ribbons or even 2 printed ribbons and 2 solid ribbons – HAVE FUN!

*\* The placement (top right, bottom right, top left, bottom left) refers to the position of each ribbon when you have your starting "X" in step 5 above. Depending on where you place your ribbon, you can get different results with the same braiding pattern!*